In preparation for our upcoming Vajrakilaya Retreat, Lopön Rapjee will be offering a ritual instrument training class at 6:30pm to 8pm on Thursday, 13th Feb, 2025. If you have a damaru, vajra, bell & Namchö Daily Practice book, please bring them to class.

Our retreat is an opportunity for us to accumulate merit by sponsoring monetary donations to cover retreat expenses such as lunch, dinner, refreshments, shrine supplies, flowers, tsog food & overhead costs.

Suggested donation to PPOL is \$108 but no one will be turned away due to lack of funds.



If you have a phurba, damaru, vajra and bell, please bring them to our practice sessions.

如果您有普巴橛,达马鲁,金刚杵和铃,您可以带到我们的共修活动中。

If you have any questions, please contact us at info@palri.org